



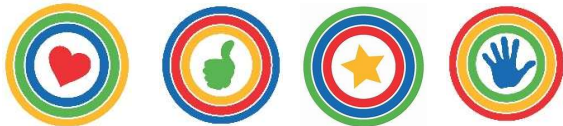
Isebrook School

Anti-bullying policy

Isebrook is an inclusive school who celebrates everyone's differences. We have zero tolerance of bullying and believe everyone has the **right to feel safe all the time**.

What is bullying?

Bullying can come in multiple different ways, including cyber, verbal and physical. If someone is repeatedly unkind this counts as bullying.



Who can help us in school?



What to do if you are being bullied:

- Try and ask them to stop if you can.
- Ignore them.
- Walk away.
- Find a trusted adult and tell them what happened.
- Talk to a friend.

What not to do when being bullied:

- React to the bully.
- Blame yourself or think it is your fault.
- Keep this to yourself.